

Psalms 90:2 Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.

Jeremiah 17:5 Thus saith the LORD; Cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the LORD.

Jeremiah 17:7 Blessed is the man that trusteth in the LORD, and whose hope the LORD is.

Psalms 46:1 God is our refuge and strength, a very present help in trouble.

My Help Cometh From the Lord Ps 121

Grayson has got this thing with button up shirts... when he gets frustrated he with bring it to me... look up at me w/ big brown eyes and ~~says~~ "help me daddy" There is something about being a parent and having those needy eyes look up at you... my belly looks like hill. And read Every Christian can receive help from the Lord by acknowledging three truths laid out in this Chapter

I. The Person of Help - People get real judgmental when it comes to who they seek help from. How they position themselves. Drug head \$30 ^{Barry} ^{shrinks}

A. An Unending Help - "from the Lord" Jehovah - self-existent one, The one dependent on no one. Ps 90:2. Earthly help is here today and gone tomorrow. Lift up mine eyes unto my payeech, unto my bank account, unto my relationship, ... ~~Do not~~ to fail Jer 17:5+7. Ps 46:1.

B. A Universal Help - My help comes from the
maker... With His very word... heavens... declare
glory... likewise the microscopic masterpiece DNA
whispers fearfully + wonderfully made. Calms ^{Heals} ^{Removes} ^{Heals} ^{Removes}
allust: "Pass me not" "Thou the Spring" "When in Heaven" "Tears
apply". Where do you look to for help

II. The Power of Help - Psalmist give specific examples of the help. Just how powerful is His help. When help comes from The God of Mt Zion

A. Security - These that trust in the Lord
and look to Security: Keep the Lord. For the

ungodly... feet shall skip, Highway = Ps 115 v. 11-13
B. Shield - vs 5a^{+7b} He is our hedge, or a shield
God + Satan = "get a hedge about him" Three Hebrew
children, Anything that gets to me is strains ^{God's will} through ^{Love}
C. Shade - vs 5b - The children of Israel ^{without}
have baked by day + froze by night had it not been for
the pillar of fire... You don't ever realize the ^{that would} circumstances
D. Sanctuary - vs 8 - Lord is this sphere in which
we live like Sanctuary. Design for growth + perfection
^{all in soul + rescue mission} - ^{Power over your life would you}
be here? Where are you looking for these to come from?

III, The Pathway to Help - Who have seen
the helper and the help available but how to me get
to it. How do we lay hold of it. look at vs 1

A. A Humble Focus - I will lift up mine eyes
This is a needy look. When I reap I picture
a battle scene, general facing, unequal odds. But
looks over shoulder toward Jerusalem, The place of
God's dwell, look away from bears + chariots.

Mt Sinai, Mt of Transfiguration, Mt Calvary,

B. A Heart of Faith - Notice the wording of
Ps 121, I will, He will not, he that keepeth,
The sun shall not The Lord shall. Right now not
much is going on, He is stating facts, standing
on promises. It's God's reputation that's on
the line. You are just going have to trust that in heart of

IV Closing - I've learned better than to ^{hurry} try
to help Grayson with his buttons, he's stubborn
I simply watch + wait till I see those eyes lift up
till he presents the problem believing I'll do something

Psalms 1:3 And he shall be like a tree planted
by the rivers of water, that bringeth forth his
fruit in his season; his leaf also shall not wither;
and whatsoever he doeth shall prosper.

2 Timothy 1:12 For the which cause I also
suffer these things: nevertheless I am not
ashamed: for I know whom I have believed,
and am persuaded that he is able to keep that
which I have committed unto him against that
day.